



e-Revolutions

Berkeley Rotary Club

AT THE INTERSECTION OF COMMUNITY AND SERVICE SINCE 1916



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Speakers

July 31, 2024

[Aysha Abraibesh, a Libyan-American, and Nadine Mansour, a Palestinian](#)
"Three Weeks in the West Bank"

August 07, 2024

[Dale Becknell](#)
PROPEL: Solar-Powered Solutions for Clean Water Needed from Nigeria to Madagascar

August 14, 2024

[Dmytro Kushneruk, Consul General of Ukraine in San Francisco](#)
TBA

August 21, 2024

[TBA](#)
"High Hopes Scholarship Program"

August 28, 2024

[Alyssa Padia, Herms District Executive + Steve Welch, Sea Scout Commodore](#)
"Scouting America and the Sea Scouts Program"

Events

July 31st

[Civil Discourse Meeting via Zoom](#)

August 7th

[Supportive Housing Committee Meeting via Zoom](#)

August 8th

[Supportive Housing Hygiene Kit Packing in Person](#)

August 8th

[Thirsty Thursday](#)

August 14th

[Communications Committee Meeting via Zoom](#)

August 18th

[Zentangle + Tea Fundraiser for Supportive Housing](#)

August 28th

[Social Committee Meeting via Zoom](#)

Birthdays

Robert Gullett
August 3rd

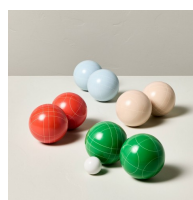
Club Announcements

Next Meeting. Wednesday, July 31, 2024, 12:30 PM PT (at First Pres and via Zoom): Aysha Abraibesh, a Libyan-American, and Nadine Mansour, a Palestinian, will present **"Three Weeks in the West Bank."** They have been working in the San Francisco Bay Area to help find ceasefire resolutions in Gaza. Traveling with a humanitarian group, Aysha and Nadine have just returned from a three-week trip to the West Bank, where they provided protective presence for the Palestinians living among the settlers and will share their experiences with us. The speakers are provided by Berkeley Rotary's Mexico Team; Valerie Bach and Colette Ford, Captains. **(Note: We're meeting in room G202.)**



What Do You Say? Hosted by the Berkeley Rotary Peace Committee, the next in a series of Civil Discourse meetings takes place on July 31, 2024, via Zoom, from 2:30-3:45 PM PT. **Topic: "Trust in Elections: What Do You Think Would Improve the Election Process?"** Contact Dan Thomas (dthomas@tc-associates.com) for the Zoom link.

Road Trip! Join Rotarians at RI's World Headquarters in Evanston, IL, on October 5-9, 2024, for the District 5160 Fall Seminar, plus an evening cruise on the Chicago River, a tour of Rotary One, and visit where Rotary's founder Paul Harris lived and is laid to rest. Cost: \$60 per person. To register, see the email invitation sent to you on July 8, or contact Education Chair Dave Litty (954-347-1974, littyd@enclaveenterprises.com).



Bocce Ball. Bowl in the Annual Bocce Ball Tournament, September 21, 2024, in Martinez. Stay tuned for more details. For now, Team Berkeley Rotary needs a captain. Let Ken Renworth (renworth@yahoo.com) know if that's you!

Calendars. Are you facilitating a Rotary committee meeting or an event? To get it listed in the Green Calendar and on the website calendar, email your info (date, time, title, brief description, contact person and their email address) to Anne Pardee (pardeevt@comcast.net) and Linda Cogozzo (lcogozzo@icloud.com).

Jesse Arreguin
August 4th

Elizabeth Roessner
August 10th

Larry Goldenberg
August 10th

Helena Meyer-Knapp
August 14th

Jocelyn Pittel
August 25th

Daniel R Montgomery
August 26th

David Donald Campbell
August 26th

Valeria Chupina
August 28th

Medical Care at No Cost to the Patient

By Irene R. Hegarty

Last week we heard from club member Amit Randhawa, Operations Manager of the RotaCare Clinic of West Contra Costa, and Dr. Jan Herr, an OB/GYN who volunteers at RotaCare's women's clinic. Dr. Herr has served at the clinic for 7 years, after retiring from Kaiser. She lives in Marin County, but finds the needs of Richmond's residents much more compelling with fewer services available to them. Amit began at RotaCare as a volunteer, received his EMT certificate, and is working on a Masters in Public Health while working at the clinic as a paid staff member.

About 60% of Richmond's RotaCare patients are women, and they are often "invisible" in our society, says Dr. Herr. Many speak no or limited English, but are assisted by Spanish-speaking volunteers and interpreters at the clinic. Often, they come in with pre-existing conditions that have been untreated due to the cost of medical care. Usually, they do not have their medical records and the clinic's staff must start from scratch to develop a full health profile. Their medical needs are frequently multi-faceted and may involve high blood pressure, pre-diabetes, anemia, or other chronic conditions. [Read More](#)

A Sunny Project on a Drizzly Saturday

By Joan Collignon

A couple of dozen Berkeley Rotarians descended on the Sunshine Preschool at the Center for Early Intervention on Deafness (CEID) on Grayson Street last Saturday to scrape and paint and build and polish the courtyard playground, spiffing it up for the hearing and deaf youngsters who enjoy this play-based preschool together every week. It was a welcome opportunity for us to get together for a service project on a weekend when more members could attend. Here are a few images from an exciting day.

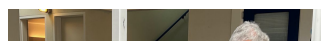
One group fabricated new planter boxes with special cat- and squirrel-proof lids.



Construction skills were not necessary Anne, Mimi, Colette, Marcia (and Catherine too) were all outside cleaning up the handsome plantings. And Louise explained why she was painting the playyard poles yellow: It's a color much more visible than white to those students with low vision.



How many Rotarians does it take to fill a sandbox? Well 3 to calculate the volume of sand for this giant hexagonal sandbox. More than a ton! And how many women to remove all the scaly, flaking rust? Just one if it's Valeria, who scraped and scrubbed much of the day.





Some of us failed initially to recognize Dan Montgomery outside of uniform. He brought his sons Mason and Dylan in from Fairfield for the day; their final task was painting that gorgeous blue door.



This was a two-president work day: Berkeley Rotary President Ken Renworth (who whetted his construction skills building his own house) and President-elect Jason Russell were deeply into the nitty-gritty of the work.



As the crew who spent two weeks in Los Ayala, Mexico, last year are aware, it's heartwarming creating a special place for children to engage. To get to know the children who will play in this Rotary-painted sandbox, take a look at the wonderful website <https://www.ceid.org> and be inspired.

An All American After-Party

By Arlene Marcus

Valeria and Ilya entertained the whole work crew plus a few hangers on at a post project BBQ dinner at their house next door to CEID. Theyâ€™d decided to do an "All American Barbecue," which they did very well. Ilya barbecued all-meat hamburgers plus Impossible hamburgers as well as beef and chicken hot dogs. They even had sauerkraut for the hot dogs! The weather was cool and cloudy but sitting on their patio plus inside their very interesting house made for a cozy atmosphere. Ilya and Valeria definitely know how to host a party.

Where in the World Is . . .

By Irene R. Hegarty

Catherine Renworth?



Catherine is in Tancrou, France, hanging out with some friends.

Linda Cogozzo?



Linda is at Durham Bulls Athletic Park, in Durham, NC.

Publisher: Jason Draut

Editor: Irene Hegarty

Club Announcements: Linda Cogozzo

Club Calendars: Linda Cogozzo (online); Anne Pardee (printed)

Copy Deadline: Send to hgrty@sbcglocal.net by Saturday noon for next week's e-Rev.